

#### MCWC FALL SUPPORT GROUP SCHEDULE

### **Tuesdays 6:30-8:00 pm**

The Phoenix Group

For adult female survivors of childhood sexual violence.

### Wednesdays 6:30-8:00 pm

Teen Group (Part I - 8 week session)

Psychoeducational support group for teenage female survivors of sexual violence. 8 week sessions. Call to reserve a spot in the next session. Next session starts **October 4th**.

#### "Loved Ones" Group

For the loved ones of someone who has experienced sexual or family violence.

## Thursdays 12:00 - 1:00 pm

The Empowering Space Group (Day Option)

For adult survivors of family violence.

## Thursdays 6:30-8:00 pm

**The Empowering Space Group** 

 $For \ adult \ survivors \ of \ family \ violence.$ 

Unwrap Your Joy Group/Descubre tu gozo

For Spanish speaking survivors of sexual or family violence.

## **Thursdays 4:00-6:00 pm**

Your Voice/La Voz

For Spanish speaking survivors of family violence.

\*\* This group meets at 1401 Airport Rd., Conroe, TX 77301

MCWC ALSO OFFERS
INDIVIDUAL
COUNSELING TO
ADULTS, TEENS AND
CHILDREN WHOA ARE
SURVIVORS OF FAMILY
OR SEXUAL VIOLENCE

ALL GROUPS ARE
CONFIDENTIAL, FREE,
AND OPEN TO
SURVIVORS AT ANY
POINT IN THE HEALING
PROCESS

A BRIEF INTAKE IS REQUIRED AT THE FIRST SESSION

IF YOU HAVE
QUESTIONS ABOUT
WHICH GROUP WILL
MEET YOUR NEEDS,
PLEASE CALL
(936) 441-4044 X37

# THE WOODLANDS COUNSELING OFFICE

1600 Lake Front Circle, Suite #100 The Woodlands, TX 77380 Hours: 8 a.m.–5 pm. Mon. – Fri.

